



GIVE IT UP & GO UP!

**PASTOR BURNARD SCOTT
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Matthew 17:15-21 (NKJV) 15 "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. 16 So I brought him to Your disciples, but they could not cure him." 17 Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me." 18 And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. 19 Then the disciples came to Jesus privately and said, "Why could we not cast it out?" 20 So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. 21 However, this kind does not go out except by prayer and fasting."

James 5:16 (NKJV) Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

1 John 5:14-15 (NIV) 14 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

Why Pray?

We pray because we Love God.

We pray because we Depend on God.

We pray in order to Resist temptation.

We pray because it is necessary for men to Invite God to act in Salvation.

We pray because God Commands us to pray.

A Prayer Tool

The Hand:

Thumb = Those that are closest to me / relatives & friends

Pointer Finger = Pastor's, Missionaries, Teachers, Mentors

Middle Finger = Those that are in authority / President, Government Officials, Police, Firemen, 1st responders, Military, etc.

Ring Finger = The less fortunate, the weak, the sick, the hungry etc.

Pinky = Pray for yourself last, you are the least

Palm = Pray for the world & the harvest (song He's got the whole world in His hand)

Isaiah 58:6-9 (NKJV) 6 "Is this not the fast that I have chosen: to loose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free, and that you break every yoke 7 is it not to share your bread with the hungry, and that you bring to your house the poor who are cast out; when you see the naked, that you cover him, and not hide yourself from your own flesh? 8 Then your light shall break forth like the morning, your healing shall spring forth speedily, and your righteousness shall go before you; The glory of the Lord shall be your rear guard. 9 Then you shall call, and the Lord will answer; you shall cry, and He will say, 'Here I am.'

Three basic types of fasting mentioned in the Bible:

A. Normal Fast [water only]

B. Partial Fast [some food & drinks]

C. Absolute Fast [no food or water]

Prayer connects me to God.

Fasting disconnects me from the World.

God's Nine Purposes for Fasting: [Isa. 58]

Fasting to get freedom from Addictions

Fasting for Wisdom to solve problems

Fasting for Renewal and soul-winning

Fasting to conquer Mental and Emotional problems

Fasting to meet the Physical needs of others

Fasting for clearer insight in Decision-Making

Fasting for Healing

Fasting for a more Righteous and Influential testimony

Fasting for the Glory of the Lord, to Protect us from the evil one

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